

Central Baptist Church

Missions Newsletter

Seniors Ministry

An Interview with...Pat Crockett and Sonshine Ladies



What brought you to this ministry?

The Sonshine Ladies of CBC is a missions based ministry for people who are free to meet in the daylight hours and bring Son-shine wherever we gather. I was there for the first meeting and originally this group was formed as a second Baptist Women's group for those preferring not to go out at night but having the ability to meet during the day. To distinguish between the two groups we gave ourselves a name -The Sonshine Ladies. (not to be outdone, the other group gave themselves the nickname of Moonshine Ladies!)

What was your most memorable experience of your service?

Over the years the group has changed a bit as older members have passed away and the rest of us have grown a little older and can do a little less than we used to. We have gained a few younger members and are so grateful for them. With their help, we are allowed to still minister to God in meaningful and needed ways. We have actually become a mission project to ourselves to do missions, which is my favorite aspect of this ministry. We choose projects that we can do. Sometimes that means visiting our own ladies who are no longer able to get out and about. This photo was taken at the home of Florence Clay who served as our treasurer for many years. She cannot come to meetings now so we took one of our meetings to her. We celebrated her birthday at the same time. It was one of our best meetings.

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A place where people matter and are empowered to engage their world for Christ

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What other missions or service projects are the Sunshine Ladies involved in?

We try to visit other shut-in members during the year, as well. In addition to ministering to our own, we have been doing activities on a regular basis for years at the Dinwiddie Health and Rehab Center. Two of our more creative activities there are also listed among our favorite activities. We annually throw a New Year's Eve Party for the residents, dropping the mirror ball at 8 pm so everyone can get to bed early. For the last two years, we have taken a "Petting Zoo" of farm animals complete with our own children and grandchildren to help the residents pet them. This interaction of children, animals and old people is adorable to watch.

Other favorite projects fall into the international category. We support the Friends of Barnabas Honduras Missions by hosting a luncheon for those being commissioned from Central each year. Another international mission is the organization of the Shoebox ministry which you, no doubt, have been hearing about recently. Thanks for your help in this. We hope to surpass the 100 box goal from last year.

Opportunities to serve now

Sunshine Ladies	Honduras	Carpenter's Sons
Women's Shelter	Midway	Food Pantry
Benevolence	Operation Christmas Child	Bereavement
Youth Christmas Family	Christmas Blessing (Samaritan's Purse)	Christmas Sharing
DHS Football dinners		

Opportunities to lead a new mission

Big Brother/Sister	Firewood Ministry	Juvenile Court Ordered Community Service
WHF Ballfield Ministry	Teaching life skills ministry (money management, home repair, cooking, parenting 101, and etc.)	

How to Connect with a mission

Barrett Chappell, 804-691-7256, barrett.chappell@gmail.com

6405 Courthouse Road, Church Road, VA 23833

[Read More at http://centralbaptist1873.org/](http://centralbaptist1873.org/)

Pastor: Jonathan Waits

